

The State of the Art in Internal Medicine

McMaster
International
Review Course
in Internal
Medicine

Kraków, Poland
5-6 June 2015

MIRC_IM
2015





Organizers

McMaster University
Department of Medicine
Hamilton, Canada



Medycyna Praktyczna
Kraków, Poland

Organized in collaboration with



Jagiellonian University
Medical College
Kraków, Poland



Medical Center
of Postgraduate Education
at the Jagiellonian University
Kraków, Poland



Polish Society
of Internal Medicine

Official endorsement



European Federation
of Internal Medicine



International Society
of Internal Medicine

Official patronage



Rector of the
Jagiellonian University



Mayor
of Kraków



Marshal of the
Małopolska Region



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Jagiellonian University
Medical College, Leading
National Research Centre
2012–2017

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Most
up-to-date,
evidence-based
knowledge
useful
in everyday
practice

MIRC_IM
2015

Scientific Committee

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MB ChB FRCPC FRCP(*Edin*)

FRCP(*Glasg*) FACP

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Society of Internal Medicine

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MD PhD

Jagiellonian University

Medical College, Polish Society

of Internal Medicine

Dear Colleagues,

It is with great pleasure that we invite you to attend the McMaster International Review Course in Internal Medicine, which will take place in Kraków in June 2015, thanks to an inspiring collaboration between the McMaster University Department of Medicine, Jagiellonian University Medical College and the Polish Society of Internal Medicine. The two-day course will be filled with a number of information-packed lectures delivered by an outstanding assembly of 30 speakers, who are world-renowned experts in their fields.

The aim of the course is an accessible presentation of the most practical, up-to-date, evidence-based knowledge useful in everyday practice. The lectures will provide a unique opportunity to discuss the most relevant statements presented in the latest guidelines, with take-home messages for immediate implementation in your patients’ care.

The broad array of issues analysed during the lectures and panel discussions will undoubtedly benefit a wide audience of general internists, subspecialists, hospitalists, family physicians, residents and fellows in training specialising in internal medicine. The sheer diversity of topics makes the McMaster Course a uniquely rich educational experience, providing the basis for a holistic approach to challenges faced today by medical professionals around the world.

The McMaster Course will take place in Kraków, a charming historic city in the south of Poland and home to the Jagiellonian University, one of the oldest universities in the world. The few days spent in Kraków during the course, organized in a modern venue right in the city centre, will offer a myriad of opportunities to experience the rich cultural life and remarkable heritage that the city boasts. And if this were not enough, the participants of the course will have a chance to listen to an outstanding live musical performance by a Jazz Grammy Award Winner, Włodek Pawlik Trio.

We hope to do everything in our power to make your stay an educational and memorable experience. We look forward to seeing you in Kraków in June 2015.

Co-chairs of the Organizing Committee

Akbar Panju

MB ChB FRCPC FRCP(Edin)

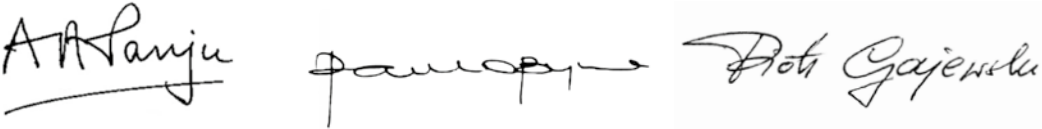
FRCP(Glasg) FACP

Paul O’Byrne

MB FRCP (C) FRSC

Piotr Gajewski

MD PhD FACP



Day 1

Information-
-packed
lectures
delivered
by world-
-renowned
experts



The Gothic Wawel Royal Castle overlooking the Vistula River

7.50–8.00	Welcome and introductions Prof. Akbar Panju, Prof. Paul O’Byrne, Dr Piotr Gajewski
8.00–8.20	Acute coronary syndrome: how to maximize improved outcomes Prof. Shamir Mehta <i>McMaster University, Hamilton, Canada</i>
8.20–8.40	Cardiac arrhythmias: when should you refer a patient for invasive treatment? Prof. Carlos Morillo <i>McMaster University, Hamilton, Canada</i>
8.40–9.00	Chronic heart failure: which interventions should be used to improve survival? Prof. John McMurray <i>University of Glasgow, Glasgow, Scotland, UK</i>
9.00–9.20	Cardiovascular assessment and management of patients undergoing non-cardiac surgery Prof. P.J. Devereaux <i>McMaster University, Hamilton, Canada</i>
9.20–9.40	How to manage a patient with resistant hypertension Prof. Paolo Verdecchia <i>Hospital of Assisi, Assisi, Italy</i>

9.40–10.00	Panel discussion	13.40–14.00	Current management of asthma Prof. Paul O’Byrne <i>McMaster University, Hamilton, Canada</i>
10.00–10.20	Refreshment break		
10.20–10.40	What is optimal glycemic control in type 2 diabetes and when should insulin be started? Prof. Leszek Czupryniak <i>Medical University of Łódź, Łódź, Poland</i>	14.00–14.20	How to prevent COPD exacerbations Prof. Leo Fabbri <i>University of Modena and Reggio Emilia, Modena, Italy</i>
10.40–11.00	New drugs for type 2 diabetes: where do they fit in the treatment algorithm Prof. Maciej Małecki <i>Jagiellonian University, Kraków, Poland</i>	14.20–14.40	Approach to a patient with a pulmonary nodule Prof. Yaron Shargall <i>McMaster University, Hamilton, Canada</i>
		14.40–15.00	Panel discussion
11.00–11.20	Management of a patient with acute kidney injury Prof. Norbert Lameire <i>Ghent University, Ghent, Belgium</i>	15.00-15.20	Refreshment break
11.20–11.40	What could be done to prevent the progression of chronic kidney disease? Prof. Giovanni Strippoli <i>University of Sydney, Sydney, Australia</i>	15.20–15.40	New therapies for hepatitis C Prof. Shariq Haider <i>McMaster University, Hamilton, Canada</i>
		15.40–16.00	New and re-emerging infectious diseases Prof. Mark Loeb <i>McMaster University, Hamilton, Canada</i>
11.40–12.00	Panel discussion	16.00-16.20	Fever in the returning traveller Prof. Shariq Haider <i>McMaster University, Hamilton, Canada</i>
12.00–13.20	Lunch break		
13.20–13.40	Update on vasculitis Prof. Raashid Luqmani <i>Oxford University, Oxford, UK</i>	16.20–16.40	Update on adult immunization Prof. Serhet Unal <i>Hacettepe University, Ankara, Turkey</i>

Day 2

A rich educational experience providing the basis for a holistic approach to modern medical challenges



The Main Market Square – the largest medieval square in Europe

8.00–8.20	Management of acute deep vein thrombosis and pulmonary embolism Prof. Jeffrey Weitz <i>McMaster University, Hamilton, Canada</i>	10.40–11.00	How to approach incidental thyroid laboratory and imaging findings Prof. Wilmar Wiersinga <i>University of Amsterdam, Amsterdam, the Netherlands</i>	14.00–14.20	Current management of irritable bowel Prof. Paul Moayyedi <i>McMaster University, Hamilton, Canada</i>
8.20–8.40	Management tips for use of the new oral anticoagulants Prof. James Douketis <i>McMaster University, Hamilton, Canada</i>	11.00–11.20	How to diagnose rheumatoid arthritis early enough for a treatment to be successful and how to start therapy Prof. Anthony Woolf <i>Royal Cornwall Hospital, Truro, Cornwall, UK</i>	14.20–14.40	Which cancers should we screen for? Prof. Mark Levine <i>McMaster University, Hamilton, Canada</i>
8.40–9.00	Managing bleeding complications of anticoagulants Prof. James Douketis <i>McMaster University, Hamilton, Canada</i>	11.20–11.40	How to prevent and treat osteoporosis Prof. Anthony Woolf <i>Royal Cornwall Hospital, Truro, Cornwall, UK</i>	14.40–15.00	Panel discussion
9.00–9.20	Approach to a patient with anemia Prof. Mark Crowther <i>McMaster University, Hamilton, Canada</i>	11.40–12.00	Panel discussion	15.00–15.20	Refreshment break
9.20–9.40	When to transfuse blood Prof. Mark Crowther <i>McMaster University, Hamilton, Canada</i>	12.00–13.20	Lunch break	15.20–15.40	Clinical controversies in stroke management Prof. Robert Hart <i>McMaster University, Hamilton, Canada</i>
9.40–10.00	Panel discussion	13.20–13.40	Approach to a patient with dyspepsia Prof. Ernst Kuipers <i>Erasmus MC University Medical Center, Rotterdam, The Netherlands</i>	15.40–16.00	How to manage patients with acute alcohol intoxication Prof. Dan Perri <i>McMaster University, Hamilton, Canada</i>
10.00–10.20	Refreshment break	13.40–14.00	Diagnosis and management of focal liver lesions Prof. Barry Lumb <i>McMaster University, Hamilton, Canada</i>	16.00–16.20	Is this dementia or delirium? Prof. William Molloy <i>McMaster University, Hamilton, Canada</i>
10.20–10.40	Update on the diagnosis and management of shock Prof. Roman Jaeschke <i>McMaster University, Hamilton, Canada</i>			16.20–16.40	Medical challenges in the care of the seriously mentally ill: what internists should know Prof. Robert Zipursky <i>McMaster University, Hamilton, Canada</i>
				16.40–17.00	Panel discussion
				17.00–17.10	Closing remarks

Concert

Live in Concert:
Grammy Award
Winner 2014
Włodek Pawlik
Trio

Friday
5 June 2015



Randy Brecker in concert

On Friday evening, following a rewarding day of lectures, the participants will be treated to a unique musical feast – *Night in Calisia* concert, featuring Włodek Pawlik Trio, trumpet player Randy Brecker and Kalisz Symphony Orchestra conducted by Adam Klocek.

Night in Calisia was released in November 2012. The music composed by Włodek Pawlik was a contribution to the celebration of the 1850th anniversary of Kalisz, the oldest town in Poland. The culmination of the anniversary's gala was a premiere concert *Night in Calisia*, performed on 19 June 2010.

Włodek Pawlik for *Jazz Forum* about *Night in Calisia*:

Here I played with the form, inventing completely abstract and surreal associations that are reflected in the title of each part. However, they are all referring to the migrations of the merchants along the ancient Amber Route, where according to the Books of Romans Calisia settlement was laid.

The American edition of the record was listed on Top 50 Radio Chart by American Jazz radio stations. On 26 January 2014 *Night in Calisia* won the Grammy Award for the Best Large Jazz Ensemble Album. It is the first ever Grammy Award for a Polish jazz record.

5–6 June 2015

ICE Congress Centre, Kraków
www.icekrakow.pl

Fees

Early bird fee (till Jan 31, 2015): 300 €

Regular fee: 350 €

One-day fee: 200 €

Students: 150 €

On-site registration: 400 €

The fee covers:

- participation in all lectures and panel discussions
- printed course materials
- access to additional educational materials published on the website after the course
- coffee breaks and lunches
- free transport around Kraków
- ticket to a special concert by a Grammy Award Winner Włodek Pawlik Trio
- special discounts for: airline tickets (from Star Alliance group), accommodation (hotels in Kraków), sightseeing passes

Please register

Online: www.mircim.eu

By mail: secretariat@mircim.eu

By phone: +48 12 660 94 63

Course secretariat

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Randy Brecker photo
Agnieszka Walczak

Back cover photo
Paweł Krawczyk / Municipality of Kraków archives

MIRC₁M 2015

Pedestrian and cyclist bridge linking the Kazimierz
and Podgórze districts across the Vistula River